



RAFA NADAL
TENNIS CENTER

Summer Tennis Camp Junior

WEEK 1: 22nd to 27th June 2026

WEEK 2: 20th to 25th July 2026

WEEK 3: 27th July to 01st August 2026



for Juniors
(10 to 17 years old)

from intermediate
to advanced



Would you live a high performance experience?

During the **Summer Tennis Camp Junior** training sessions, players will work on key aspects of the game such as **technique, tactics, physical condition and competitive mentality**. In addition, players will **enjoy multiple activities in a unique environment such as the Mexican Caribbean**. This program will take place **place from March 30th to April 4th, 2026**. It will take place from Monday to Friday from 9am to 4.30pm and on Saturday from 9am to 1pm. **Improve your game with the methodology of Rafa Nadal and his technical team!**

Includes:

- 19.5 hours of tennis training (court-to-player ratio is 1:4)
- 6 hours of physical preparation
- 6 hours of "Building a Champion" activities
- Guided tour of the Rafa Nadal Museum
- Welcome pack
- Camp attendance diploma
- Energy break & lunch

Schedule:

- 9am-10am: Fitness
- 10am-11am: Building a champion
- 11am-1pm: Tennis training
- 1pm-3pm: Lunch
- 3pm-4.30pm: Tennis training

Price:

\$19,800 MXN per week
(5% discount siblings)

PALLADIUM
HOTEL GROUP