

**Easter**Tennis Camp
Junior

March 30th to April 4th, 2026





Would you live a high performance experience?

During the Easter Tennis Camp Junior training sessions, players will work on key aspects of the game such as technique, tactics, physical condition and competitive mentality. In addition, players will enjoy multiple activities in a unique environment such as the Mexican Caribbean. This program will take place from March 30th to April 4th, 2026. It will take place from Monday to Friday from 9am to 4.30pm and on Saturday from 9am to 1pm.

Improve your game with the methodology of Rafa Nadal and his technical team!

## Includes:

- 19.5 hours of tennis training (court-to-player ratio is 1:4)
- · 6 hours of physical preparation
- · 6 hours of "Building a Champion" activities
- · Guided tour of the Rafa Nadal Museum

- · Welcome pack
- · Camp attendance diploma
- · Energy break & lunch

## **Schedule:**

- · 9am-10am: Fitness
- · 10am-11am: Building a champion
- · llam-lpm: Tennis training
- · 1pm-3pm: Lunch
- · 3pm-4.30pm: Tennis training

## Price:

\$19.800 MXN per week (5% discount siblings)

