



Christmas Tennis Camp Junior

WEEK 1:

21st-24th & 26th-27th December 2026

WEEK 2:

28th-31st December & 2nd-3rd January 2027



for Juniors
(10 to 17 years old)

from intermediate
to advanced



Would you live a high performance experience?

During the **Christmas Tennis Camp Junior** training sessions, players will work on key aspects of the game such as **technique, tactics, physical condition and competitive mentality**. In addition, players will **enjoy multiple activities in a unique environment such as the Mexican Caribbean**. This program will take place **from December 21st to December 27th** (no program on December 25th) **and from December 28th to January 3rd** (no program on January 1st). It will take place from Monday to Thursday and Saturday from 9am to 4.30pm and on Sunday from 9am to 1pm (no program on Friday).

Improve your game with the methodology of Rafa Nadal and his technical team!

Includes:

- 19.5 hours of tennis training (court-to-player ratio is 1:4)
- 6 hours of physical preparation
- 6 hours of "Building a Champion" activities
- Guided tour of the Rafa Nadal Museum
- Welcome pack
- Camp attendance diploma
- Energy break & lunch

Schedule:

- 9am-10am: Fitness
- 10am-11am: Building a champion
- 11am-1pm: Tennis training
- 1pm-3pm: Lunch
- 3pm-4.30pm: Tennis training

Price:

\$19.700 MXN per week
(5% discount siblings)

PALLADIUM
HOTEL GROUP